



Food For Thought

Introduction:

I would like to call the demo "Food for Thought" I'll probably use this as my painting source, but I am still looking.

If you have ever wanted to loosen up and just have a fun painting experience, then this may be just what you need.

Using transparent colors for an underlay (satisfies the fat over lean) I then use more opaque colors to pull the painting together.

Through this method you will learn all sorts of new color mixes along with loose strokes to create just that right feeling of lightness in your painting.

Supply list:

Any transparent oil for the first pass of color. Any opaque oil for the second layer. Whatever colors you love in those two categories will work.

Gessoed panels, any size up to 12 by 12. Flat brushes of various sizes.

Oil medium

Kemper tool

This is a fast way to complete a painting and it helps loosen up your strokes. Works well for Plein aire painting. Because it is not a process you can easily go back into, I don't go over a 12 by 12 in sizes. It is a technique you complete in a few hours. This technique is also a great way to make a small mock up for a larger painting.

The following paintings below were all done using this method. Please let me know if there is anything else I might need to add.

